



School Information: Breakfast is served with fresh fruit daily. All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

Monday



Tuesday



Wednesday

Thursday

Friday

6



13

PEANUT BUTTER & JELLY

CHICKEN ENCHILADA CASSEROLE
MIXED VEGETABLES
PINEAPPLE / CORN BREAD
FIESTA BURRITO

20

BANANA SQUARE

ORANGE CHICKEN
CARROTS
APPLESAUCE
EGG ROLLS
DINNER ROLL

27

BREAKFAST PIZZA

CHICKEN FAJITAS
PINTO BEANS
MIXED FRUIT
RED CHILE ENCHILADAS CASSEROLE

7

BREAKFAST BURRITO

STEAK FINGERS
CARROTS
PEACHES
TERIYAKI CHICKEN BOWL
DINNER ROLL

14

FRENCH TOAST STICKS

HOT DOG ON A BUN
CARROTS
MANDARIN ORANGE
HAMBURGER ON A BUN

21

CREAM OF WHEAT/ TOAST

SPAGHETTI AND MEAT SAUCE
BROCCOLI
PINEAPPLE CHUNKS
CHICKEN FAJITA

28

BISCUIT & GRAVY

GRILLED HAM AND CHEESE
POTATOES, AU GRATIN
CINNAMON APPLE SLICES
PHILLY STEAK SANDWICH

1

8

BREAKFAST COMBO BAR
TORTILLA

CHICKEN TACO SOFT
MEXICALI CORN
APRICOTS
QUESADILLA

15

BANANA BREAD

TERIYAKI CHICKEN BOWL
SIDEKICKS
BROCCOLI
MEATBALLS, BROWN GRAVY
BROWN RICE

22

BREAKFAST BAR COMBO

CHICKEN ALFREDO
MIXED FRUIT
PEAS /BREADSTICKS
CHEESE RAVIOLI MARINARA SAUCE

29

2

PANCAKE WRAP

LASAGNA W/MEAT SAUCE
BROCCOLI
PEARS
RAVIOLI BEEF
GARLIC BREAD

9

POP TART /STRING CHEESE

NACHOS SUPREME
BROCCOLI
MIXED FRUIT
CHICKEN DRUM STICKS
DINNER ROLL

16

BREAKFAST PIZZA

COUNTRY FRIED STEAK
BAKED BEANS
MIXED FRUIT
CHICKEN NUGGETS
BISCUIT

23

BREAKFAST PIZZA

FRITO PIE
PINTO BEANS /PEACHES
DINNER ROLL
GRILLED CHEESE SANDWICH

30

3

CHERRY FRUDEL

PIZZA
ITALIAN BLEND
MANDARIN ORANGE
RICE KRISPIES TREATS

10

OATMEAL & TOAST

BEEF TAQUITOS
TAMALES
PINTO BEANS
APPLESAUCE
CORNDOG

17

CINNI MINIS

CHICKEN PARMESEAN
TATER TOTS
PEAS & CARROTS
PEARS
FISH STICKS /GARLIC BREAD

24

NUTRI GRAIN / YOGURT

PIZZA
CAPRI BLEND
CINNAMON APPLE SLICES
BROWNIES

31