

# Clear Brook High School

# Guidance & Counseling

2021-2022

## Clear Brook's Mission Statement

The mission of Clear Brook High School, the innovators of personalized educational exploration, is to ensure the intentional pursuit of individual passions and interests for personal and professional growth distinguished by unique learning experiences, diversity, and meaningful relationships while continuing "on a quest" to serve and enrich the greater community with pride and integrity.



On a Quest for the Best

## Student Guidance and Counseling Services

Our first priority is our students. We readily make ourselves available to students in need of guidance and counseling throughout the school day. To ensure all students are well-served with the time and attention they deserve, we ask that parents/guardians make an appointment with their student's counselor to allow adequate scheduling and preparation.

We are committed to providing our students with a comprehensive guidance and counseling program to include:

**Guidance curriculum** to assist students with the development of essential core values and

self-management/social skills needed to enhance their personal-social, educational, and career growth. Topics included are:

- Bullying Prevention
- Character Education/CCISD Core Values
- Personal Safety
- Cultural Diversity
- Healthy Relationships/Dating Violence
- Drug and Alcohol Awareness
- Suicide Prevention
- Youth Mental Health

**Responsive services** to intervene on behalf of those students whose immediate personal concerns or problems put their continued personal-social, career, and/or educational development at risk.

**Individual planning** to guide all students as they plan, monitor, and manage their own educational, career, and personal-social development.

**System support** to link faculty, staff, and community members in our education programming and school improvement planning.

## Guidance & Counseling Team

Students with Last Name	Counselor
<b>A-Do</b>	Julie Duane jduane@ccisd.net 281-284-2147
<b>Du-Li</b>	Ronda DeYoung rdeyoung@ccisd.net 281-284-2144
<b>Lo-Ra</b>	Gretchen Jefferies gjefferi@ccisd.net 281-284-2145
<b>Re-Z</b>	Gary Tittle gtittle@ccisd.net 281-284-2140
<b>Special Education A-Z</b>	Candice Richards crichards@ccisd.net 281-284-2143
<b>Student Support Counselors</b>	Amanda Cavazos, LPC Associate amcavazos@ccisd.net 281-284-2152  Amy Ruiz, LPC amruiz@ccisd.net 281-284-2142
<b>College &amp; Career Specialist</b>	Linda Smith lsmith@ccisd.net 281-284-2268
<b>Communities in Schools Program Coordinator</b>	Connie Maldonado cmaldonado@ccisd.net 281-284-2252
<b>San Jacinto College Advisor</b>	Lilia Castillo lcastillo@ccisd.net 281-284-2187
<b>Director of College Counseling &amp; Lead Counselor</b>	Michelle Buckley mbuckley@ccisd.net 281-284-2146

# Personal Counseling

The school counselor is available to assist students with a wide range of personal concerns, including but not limited to areas such as social and emotional needs, mental health issues, family or peer concerns, or substance abuse. A student who wishes to meet with the school counselor should request to visit the school counselor's office.

As a parent, if you are concerned about your student's mental or emotional health, please speak with the school counselor. The school counselor can provide you with a list of community resources that may be available to provide additional support for your student.

## Student Support Groups

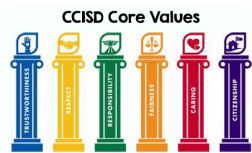
In order to meet the personal needs of students, school counselors may offer

support groups on a recurring basis. The support groups meet during the school day for approximately 20-45 minutes once a week. The school counselor will review the student's schedule to determine a weekly meeting time that will have the least amount of interruption to classroom instruction. Support groups are intended to provide a safe, confidential, and supportive setting for the students to discuss some of their concerns and practice behaviors that will support growth and development. Notification of student's participation in a support group will be provided to the parent; however, as a parent, *if you do not want your student to participate in a support group, written documentation of denial of services will need to be provided to the school counselor.*



We are excited to have Will Flanagin support our campus as a Counseling Practicum/Intern Student. Lamar University trains individuals to be school counselors and licensed professional counselors. As part of this training, counselor practicum students work to support the Texas Comprehensive Counseling Program at our campus. If Will Flanagin is going to work with your student on a regular basis, an additional consent form will be sent home. Will Flanagin will be supported by Gretchen Jefferies, counselor at CBHS as well as Dr. Kimberly McGough from Lamar University.

# CCISD Core Values



CCISD has six core values, or standards of behavior, that we have adopted from the *Character Counts 6 Pillars*. Clear Brook integrates these core values daily into their school community, not only modeling but teaching students how to demonstrate these values. Each month a core value is

spotlighted. The CCISD core values are:

**Trustworthiness** – Act with honesty in all that you do (Nov/Dec)

**Respect** – Value yourself and others (Sept)

**Responsibility** – Own your choices (Oct)

**Fairness** – Play by the rules and consider the needs of others (Jan)

**Caring** – Be kind to others (Mar)

**Citizenship** – Work to improve your school, community, and country (Apr)

*Character Strong* Curriculum – we use this program as part of our advisory lessons. This curriculum focuses on social emotional learning and character development. The Social Emotional competencies are self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. *Character Strong* promotes patience, kindness, honesty, respect, selflessness, forgiveness, commitment, and humility.

Clear Brook High School is a proud Texas and National School of Character.



# Planning for High School and Beyond

We are committed to our Superintendent’s goal of ensuring that every student has a post secondary plan leading to college or a career.

Plan to attend these district sponsored events with your student.

- **College & Career Fair**  
September 15, 2021  
(tentative)
- **Financial Aid Night**  
September 29, 2021  
Livestream – Virtual

CCISD offers an array of rigorous Career and Technical Education. Some programs lead to certifications before graduation.

- Automotive Technology
- Biomedical Science
- Biotechnology
- Broadband Communications
- Certified Nursing Assistant
- Computer Technician
- Construction Technology

- Cosmetology
- Culinary Arts
- Metal Manufacturing
- Pharmacy Technician
- Registered Dental Assistant
- Robotics



You can find more information about CCISD’s college and career readiness resources on our Guidance and Counseling webpage:  
ccisd.net/departments/guidance\_and\_counseling

## Getting Connected with Naviance

CCISD is pleased to provide *Naviance Student*, a web-based service designed especially for students and parents. *Naviance* offers a comprehensive website that you and your student can use to help in making decisions about courses, colleges, and careers.

[student.naviance.com/clearbrookhs](http://student.naviance.com/clearbrookhs)

Students log-in to Naviance via the Single-Sign On-Portal

Use your *Naviance* account to:

-View and manage your high school course planning.

-Prepare for the ACT/SAT test with free test preparation provided by Method Test Prep.

-Research colleges and universities, sign up for visits with college reps, and explore scholarship opportunities.

-Investigate career interests and options using the Personality Inventory and Career Interest Profiler.

Please contact the College & Career Specialist, Linda Smith ([lsmith@ccisd.net](mailto:lsmith@ccisd.net)), for assistance if you do not know your login information. Note: students and parents have separate accounts.

## Stay Informed with your Counseling Office

**Clear Creek ISD**  
[ccisd.net](http://ccisd.net)

**Clear Brook HS**  
[clearbrook.ccisd.net](http://clearbrook.ccisd.net)

**ACT**  
[actstudent.org](http://actstudent.org)

**Apply Texas**  
[goapplytexas.org](http://goapplytexas.org)

**College Board (SAT, PSAT & AP Exams)**  
[collegeboard.org](http://collegeboard.org)

**The Common Application**  
[commonapp.org](http://commonapp.org)

**FAFSA**  
[fafsa.ed.gov](http://fafsa.ed.gov)

**Naviance**  
[student.naviance.com/clearbrookhs](http://student.naviance.com/clearbrookhs)

**NCAA**  
<https://web3.ncaa.org/ecwr3/>

**CCISD Guidance & Counseling**  
[ccisd.net/departments/guidance\\_and\\_counseling](http://ccisd.net/departments/guidance_and_counseling)

**CBHS Counseling - Twitter**  
[@CBHSCounselors](https://twitter.com/CBHSCounselors)

**CBHS Counseling - Instagram**  
[@cbhscounseling](https://www.instagram.com/cbhscounseling)

**CBHS Counseling *ItsLearning***  
Use this portal for all counseling contacts, forms, and the latest information.

**CCISD Email** - check your emails often so you don't miss a deadline or scholarship opportunity

