



# Ridgefield Park High School

## 7th - 9th Grade Student Information Packet

September 2020

Dear Students, Parents and Guardians,

Welcome to Ridgefield Park High School!

In September you will begin the next step in your educational journey. We are excited to start you off and partner with you during this process. Middle School and High school provides a unique opportunity for you to develop academically, while also exploring who you are as an individual. Your experiences during this time will help to shape the young adult that you will soon be.

The beginning of a school year often brings forth feelings of nervousness and excitement. To help ease you into high school and answer your questions, attached you will find a 7th-9th grade information packet. This packet covers most of what students inquire about from year to year. However, I know I may have missed a few questions! If there is something you are wondering about that you cannot find, please do not hesitate to ask.

We look forward to working with you in September!

*Ms. Anderson & Ms. Pinto*

Ms. Anderson  
9th Grade School Counselor  
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# Frequently Asked Questions

## 1. What is a typical schedule?

- a. English, History, Science, Math, Foreign Language, Physical Education/Health and two electives.

## 2. When will I find out my school schedule?

- a. Over the summer an email will be sent to the parents' email on file with a Genesis username and password. Parents must complete required forms through Genesis and then student schedules will become visible.

## 3. What locks can be used for lockers?

*\*lockers will not be used in a Hybrid schedule*

- a. For hallway lockers, students can only use school locks, which can be purchased in the main office or during the first week of school in homeroom. Non-school locks will be removed.
- b. For gym lockers, students can use their own lock, but only for their gym period. Gym locks have to be put on at the beginning of each class and removed at the end. It is recommended that students use a gym lock.

## 4. How many credits do you need to graduate? This applies only to HS students.

- a. 125-- Full year courses are 5 credits. Half-year courses are 2.5. A typical schedule will consist of 35-40 credits per school year.

## 5. Is there an attendance policy?

- a. The Board of Education maintains a policy on attendance which allows for fifteen (15) cumulative absences per year in a full year course, seven (7) cumulative absences in a semester (1/2 year) course, and five (5) cumulative absences in a marking period course. If your child should exceed the allowable number of cumulative absences, automatic loss of credit will result.
- b. Excessive tardiness to school will result in consequences, such as detentions.

## 6. Where can students complete their 30 hours of community service requirement?

*\*This is a requirement only for HS students*

- a. Some students have volunteered at Holy Name Medical Center, our local libraries, at school events with teachers, after school tutoring, and through local agencies. Community service must be unpaid and approved by your school counselor. If you have questions or need help finding volunteer work, see the Guidance Department. Students must submit a community service form to Guidance to document hours.

## 7. How do you start a club?

- a. Students can start a club by writing a proposal to Mrs. Hasselberger, Supervisor of Guidance, and finding a willing teacher to advise the club. It will then go to the BOE for approval.

## 8. How do you start an after school student activity or event?

- a. You can work with student government to submit a proposal to Mrs. Hasselberger or Mr. Koenig, our principal.

## 9. Where can students receive college and career guidance?

- a. Students receive college and career guidance each year through their guidance counselor. Families are welcome to set up meetings as well. Naviance is a new program the school offers which allows students to take career tests and look up colleges and careers. Ms. Anderson will introduce Naviance to freshman mid year.

**10. Why is the NJSLA (formerly PARCC) important?**

- a. Students need to pass the NJSLA for graduation testing requirements set by the state.

**11. How do students make a schedule change?**

- a. Students should email Ms. Anderson or Ms. Pinto with schedule questions. Students should use their student email to contact their counselor.

**12. Where do the buses pick students up in Little Ferry?**

- a. Morning Pick Up: Outside of Memorial School and at Indian Lake/Lakeview at 7:00am, 7:10am and 7:20am.
- b. Afternoon Drop Off: Busses return students to Indian Lake/Lakeview and Pickens. The bus schedule is located on the high school website. In the afternoon, buses leave the high school directly after last period, 3:00pm, and 3:30pm. There are also sport busses that leave at 5:30pm and 6:30pm.
- c. Little Ferry busses are only for Little Ferry students.

**13. How does lunch work?**

- a. There are four lunch periods throughout the day. Your lunch period will be indicated on your schedule as A, B, C or D.
- b. You can bring lunch or buy lunch in the cafeteria with cash or by loading money into your student account. If you load money onto your student account you will type in your student ID number to buy lunch. Lunch account information can be found on the high school website under Parent Resources - Food Service. Freshmen have a closed lunch, which means you cannot leave the building for lunch. Students are NOT allowed to order food to be delivered to the school.

**14. What is the Free and Reduced Lunch Program?**

- a. This is a program that offers free or reduced lunch based on family income. Any student can apply for this program.
- b. Future benefits of this program include, college application fee waivers and reduced course cost for dual enrollment courses.

**15. What do I do if I want to play a sport?**

- a. Create an account and register on <https://www.familyid.com/>.
- b. Students must complete physical forms prior to participation. You can use a current year physical from your personal doctor. Physical forms should be emailed to the nurse for approval.

# Important Reminders for the Start of the School Year

- Forms to apply for free or reduced price lunch will be available on the school website. Completed forms should be returned to the school of the youngest child.
- If your child qualified for free or reduced price lunch last year, they will continue to receive it until October 14. A new form must be completed for the remainder of this year prior to that date.
- The oval ALWAYS backs up in the morning during drop off. Student lateness is not excused because of traffic. To avoid this I suggest:
  - Arrive before 7:35 AM.
  - Drop off your child at the top of the hill by the steps above the school or the steps in Veteran's Park. They will benefit from a little walking.
  - Allow them to walk or bike to school.
- All high school students must enter the building through the main entrance. Middle school students must enter through the doors at the corner of the oval.
- When dropping off, please have students exit quickly and then leave immediately (but carefully) to keep the flow of traffic moving.
- Only drop students off on the curb side of the oval. Students crossing traffic is a hazard to both driver and pedestrian.
- Did you know that children can suffer academically if they miss 10 percent of the school year? That's just 18 days or 2 to 3 days a month. Research shows us that absences add up. It's as true for excused absences as it is for skipping school. And research shows us it also marks the point when students start to fall behind academically because they have missed too many days. Let's work together as a community to get all kids to school - on time, every day.
- Homeroom begins at 7:55am. Last period ends at 2:41pm.

# Summer Assignments

Incoming 7th - 9th grade students have Math and English summer assignments.

Assignments are available on the school website  
[www.rpps.net](http://www.rpps.net)

# Athletics Program

Student involvement is a very important aspect of your high school experience and the athletics program is one of the many ways to get involved. See what we have to offer and check out the athletics update on the next page.

## FALL SPORTS

<b>Sport</b>	<b>Coach</b>
Football	Coach Rapp
Boys Soccer	Coach Pasquariello
Girls Soccer	Coach Fells
Cross Country (Boys & Girls) (Middle School team)	Coach Murri
Girls Volleyball (Middle School team)	Coach Healy
Girls Tennis	Coach Mazzarisi
Sideline Cheering	Coach Graves

## WINTER SPORTS

<b>Sport</b>	<b>Coach</b>
Boys Basketball (Middle School team)	Coach Gaskin
Girls Basketball (Middle School Team)	Coach Lax
Wrestling Co-Op with Bogota (Boys & Girls)	Coach Suess
Indoor Track (Boys & Girls)	Coach Faulkner
Bowling (Boys & Girls)	Coach Iannacone
Competition Cheering (Boys & Girls)	Coach Graves

## SPRING SPORTS

<b>Sport</b>	<b>Coach</b>
Baseball	Coach Papetti
Softball (Middle School team)	
Track and Field (Boys & Girls) (Middle School team)	Coach Murri
Boys Tennis	Coach Fells

## Athletics Update

At this time a fall sports plan is still undetermined. Updates will be provided as we receive them. In the meantime we want to have all our athletes prepared so we can begin the season once we have more information. There are a few things that must be completed for new athletes.

### Physical Exam & Medical Forms

- In order to participate in a high school sport all students must have an updated physical exam from their doctor and complete the required medical forms (see below).

### Family ID Registration

- RPHS uses an online system to manage sports registration. All students interested in playing a sport must sign up with family ID. Please follow the directions below to register.
- Directions: Go to <https://hello.familyid.com/>
  - Click Create Account (top right hand corner)
  - Once you receive an email confirming your registration; you must log back into Familyid and register for the Specific Season and Sport. If for some reason you do not see the registration prompt, click on find program and type in Ridgefield Park. This will take you to the registration page.
  - Follow Prompts, read and sign off on all required Forms. Everything needed can be done electronically, except Medical History Form and Doctors pre-participation physical form which can be printed out on the athletics page of our website. All athletes must have a completed physical and register in family id before they can participate.
- The Medical Forms can be found on the [RPHS Athletics Website](#) and through the direct links below.
  - [Pre-Participation Physical Examination Form](#)
  - [Health History Update Questionnaire](#)

*If you plan to participate in a fall sport please complete your Medical Paperwork and FamilyID Registration as soon as possible.*

# Bell Schedule

RPHS has a regular and block schedule based on the day of the week. Monday, Tuesday and Friday are regular days. Wednesday and Thursday are block days. The first week of school will follow a regular day schedule.

## Regular Day Schedule

*All students meet for the same time Periods 2, 3, 4, 8 & 9. The mid day schedule (Period 5, 6 & 7) are determined by the lunch period.*

7:55am - 8:03am	Homeroom
8:07am - 8:49am	Period 2
8:53am - 9:35am	Period 3
9:39am - 10:21am	Period 4

*Select the block that matches your Lunch.*

10:25am - 10:51am	<b>A LUNCH</b>	10:25am - 11:07am	Period 5A
10:55am - 11:37am	Period 5B	11:11am - 11:37am	<b>B LUNCH</b>
11:41am - 12:23pm	Period 6B	11:41am - 12:23pm	Period 6B
12:27pm - 1:09pm	Period 7B	12:27pm - 1:09pm	Period 7B

10:25am - 11:07am	Period 5A	10:25am - 11:07am	Period 5A
11:11am - 11:53am	Period 6A	11:11am - 11:53am	Period 6A
11:57am - 12:23pm	<b>C LUNCH</b>	11:57am - 12:39pm	Period 7A
12:27pm - 1:09pm	Period 7B	12:43pm - 1:09pm	<b>D LUNCH</b>

1:13pm - 1:55pm	Period 8
1:59pm - 2:41pm	Period 9

*See below for the even and odd day schedule.*

### Even Day Schedule (Wednesday)

7:55am - 8:03am	Homeroom
8:07am - 9:34am	Period 2
9:38am - 11:05am	Period 4
11:09am - 1:10pm	(Period 6 & Lunches)
1:14pm - 2:41pm	Period 8

Your block day lunch is determined by your 6th period class. Your 6th period teacher will let you know which lunch you have during the first week of school.

11:09am - 11:35am    **A LUNCH**  
 11:39am - 1:10pm    P. 6A, P. 6B  
 -----

11:09am - 11:35am    P. 6A, P. 6B  
 11:39am - 12:05pm    **B LUNCH**  
 12:09pm - 1:10pm    P. 6A, P. 6B  
 -----

11:09am - 12:09pm    P. 6A, P. 6B  
 12:13pm - 12:40pm    **C LUNCH**  
 12:44pm - 1:10pm    P. 6A, P. 6B  
 -----

11:09am - 12:40pm    P. 6A, P. 6B  
 12:44pm - 1:10pm    **D LUNCH**  
 -----

### Odd Day Schedule (Thursday)

7:55am - 8:03am	Homeroom
8:07am - 9:34am	Period 3
9:38am - 11:05am	Period 5
11:09am - 1:10pm	(Period 7 & Lunches)
1:14pm - 2:41pm	Period 9

Your block day lunch is determined by your 7th period class. Your 7th period teacher will let you know which lunch you have during the first week of school.

11:09am - 11:35am    **A LUNCH**  
 11:39am - 1:10pm    P. 7A, P. 7B  
 -----

11:09am - 11:35am    P. 7A, P. 7B  
 11:39am - 12:05pm    **B LUNCH**  
 12:09pm - 1:10pm    P. 7A, P. 7B  
 -----

11:09am - 12:09pm    P. 7A, P. 7B  
 12:13pm - 12:40pm    **C LUNCH**  
 12:44pm - 1:10pm    P. 7A, P. 7B  
 -----

11:09am - 12:40pm    P. 7A, P. 7B  
 12:44pm - 1:10pm    **D LUNCH**  
 -----

# School Calendar

## Ridgefield Park Public Schools 2020-2021 School Calendar

Ridgefield Park Board of Education  
712 Lincoln Avenue  
Ridgefield Park, NJ 07660

### Schedule of School Dates

- September 2 & 3 — New Teacher Orientation
- September 7 — Labor Day
- September 9, 10 & 11 — Opening Day for Teachers — Staff Development
- September 14 — Opening Day for Students
- October 12 — Columbus Day
- October 22 — Early Dismissal — Staff Development
- November 3 — Election Day— Schools Closed
- November 5 & 6 — NJEA Convention
- November 25 — 1:00 PM Session
- November 26 & 27— Thanksgiving Day Recess
- December 23 — 1:00 PM Session
- December 23 thru January 1 — Winter Recess
- Schools Reopen — January 4, 2021
- January 18 — Martin Luther King Jr. Day
- February 15 & 16 — Winter Recess
- March 18 — Early Dismissal — Staff Development
- April 2 — Good Friday
- April 19 thru April 23 — Spring Recess
- May 31 & June 1 — Memorial Day Break
- June 25— Last Day for Students
- June 28 — Last Day for Teachers

Revised Aug.2020

 Indicates "No School"

 Indicates "1:00 PM Dismissal"

**August 2020**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**September 2020**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**October 2020**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**November 2020**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**December 2020**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**January 2021**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**February 2021**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

**March 2021**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**April 2021**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**May 2021**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**June 2021**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

If the district is required to make up a snow day, this will be done by taking June 1st. If more snow days are used, it will be done during the Spring Break starting with April 23, 2020,

181 Days for Students  
185 Days for Teachers

Click [HERE](#) to download the calendar from the school website.

# Little Ferry Bus Schedule

## RIDGEFIELD PARK JUNIOR-SENIOR HIGH SCHOOL LITTLE FERRY BUS SCHEDULE

### MORNING BUS SCHEDULE

Morning Buses - Homeroom starts at 7:55 AM			
BUS #	Indian Lake Dr. / Lakeview Departure Time	Memorial Middle School Departure Time	RPJSHS Arrival Time
1	7:00 AM	X	7:10 AM
2	7:10 AM	X	7:25 AM
3	7:20 AM	X	7:35 AM
4	X	7:00 AM	7:15 AM
5	X	7:10 AM	7:25 AM
6	X	7:20 AM	7:35 AM

### AFTERNOON BUS SCHEDULE

Afternoon Buses - Dismissal is at 2:41 PM			
BUS #	RPJSHS Departure Time	Indian Lake Dr. / Lakeview Arrival Time	Pickens Arrival Time
1	2:45 PM	2:55 PM	X
2	2:45 PM	2:55 PM	3:00 PM
3	2:45 PM	2:55 PM	3:00 PM
4	3:00 PM	3:10 PM	3:15 PM
5	3:30 PM	3:40 PM	3:45 PM
1L	5:30 PM	5:40 PM	5:45 PM
2L	6:30 PM	6:40 PM	6:45 PM

### DELAYED OPENING BUS SCHEDULE

Delayed Opening - Homeroom starts at 10:00 AM			
BUS #	Indian Lake Dr. / Lakeview Departure Time	Memorial Middle School Departure Time	RPJSHS Arrival Time
1	9:15 AM	X	9:25 AM
2	9:20 AM	X	9:30 AM
3	9:25 AM	X	9:35 AM
4	X	9:15 AM	9:30 AM
5	X	9:20 AM	9:35 AM
6	X	9:25 AM	9:40 AM

### EARLY DISMISSAL BUS SCHEDULE

Afternoon Buses - Early Dismissal is at 12:30 PM			
BUS #	RPJSHS Departure Time	Indian Lake Dr. / Lakeview Arrival Time	Pickens Arrival Time
1	12:35 PM	12:45 PM	12:50 PM
2	12:35 PM	12:45 PM	12:50 PM
3	12:35 PM	12:45 PM	12:50 PM
4	12:35 PM	12:45 PM	12:50 PM
5	12:35 PM	12:45 PM	12:50 PM
1L	5:30 PM	5:40 PM	5:45 PM
2L	6:30 PM	6:40 PM	6:45 PM

NOTE: The 7:25 bus at Memorial School is for Teterboro students only.

The 5:30 & 6:30 busses are for athletics and the school play. These busses will not run when those events do not take place.

# Lunch Information

## RIDGEFIELD PARK SCHOOL DISTRICT

### HIGH SCHOOL



2019-2020

HS Student Lunch .....	\$2.90
Featured Favorite Lunch .....	3.25
Reduced Price Lunch .....	.40
HS Student Breakfast .....	1.60
Reduced Price Breakfast .....	.30

#### LUNCH ENTRÉE:

All Lunch Entrées & Bread .....	\$2.55
Featured Favorite Entrée .....	3.00

#### PIZZA ZONE:

Pizza .....	1.85
Pizza Parlor Pizza .....	2.40

#### DELI CENTRAL:

Choice of Fresh, Sliced, Assorted Deli Meats & Cheese with Lettuce on Assorted Bread or Rolls & Milk .....	2.90
Deli Wraps .....	2.90

#### FRESH FARMSTAND:

Complete Salad Lunches, including Chef's, available w/ Bread or Crackers & Milk at the complete lunch price .....	2.90
Premium Grilled Chicken Caesar Salad .....	2.90

#### BREADS & ROLLS:

Bagel w/ Butter .....	2.00
Bagel w/ Cream Cheese .....	2.25
Extra Cream Cheese .....	.75

#### BREAKFAST:

Assorted Cereal w/ Milk .....	1.75
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#### SIDES:

French Fries, 2.5 oz .....	\$1.80
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#### SNACK SHACK:

Freshly Baked Cookie .....	.60
Fresh Fruit .....	1.20
Baked Snacks/Chips .....	1.25
Hot Pretzel .....	1.25
Snack Bar .....	1.50
Yogurt, 6 oz .....	1.90
Ice Cream .....	1.00-2.75

#### BEVERAGES:

Milk .....	.80
Juice, 4 oz .....	.80
Bottled Water .....	1.25
Diet Beverage Can (non-carbonated or carbonated) .....	1.50
Snapple 100% Juice, can .....	1.50
Envy/Switch .....	1.75
Bottled Water, Sports Cap .....	1.75
Snapple Bottle, 16 oz .....	2.00
Kick Start .....	2.25
Vitamin Water, 20 oz .....	2.50



# GO CASHLESS!

Your School Cafeteria offers an online payment system that speeds service for all students.



## CREDIT CARD

You can place money on your child's account using a credit card from your home computer. There is a convenience fee of 3.95% for each deposit transaction. PayForIt charges a minimum transaction fee of \$1.65 that will affect deposits under \$42.



**ACH**

## ELECTRONIC CHECKING

This option allows you to use your checking account to add funds to your child's balance. \$1.75 per family for each deposit transaction



## CHECKS

The cafeteria can accept checks payable to your school district. Your child can bring the check to school and access that money the same day. Please be sure to put your child's name or student ID number in the memo section of your check.



## GOOD OLD CASH

Of course we will continue to accept cash. Your student can direct us to put the change on his/her account.

**★ Prepayment means shorter lines and faster service with more time to relax and enjoy meals.**

No need to find cash in the morning or worry about lost lunch money!

Visit your School District's website under Food Service for more information about going cashless and your school's nutrition program.

Contact your school's Food Service Director for information on how to implement limits on your child's account.



**LEAVE YOUR PIGGY BANK AT HOME!**

Log on to [www.payforit.net](http://www.payforit.net) and sign up now!



# PARENTS CHOOSE



Many parents want to help their child make proper dining choices. Your school cafeteria is working to help. Most importantly, Pomptonian designs a menu of popular choices that, over the course of the week, achieve several nutritional goals.

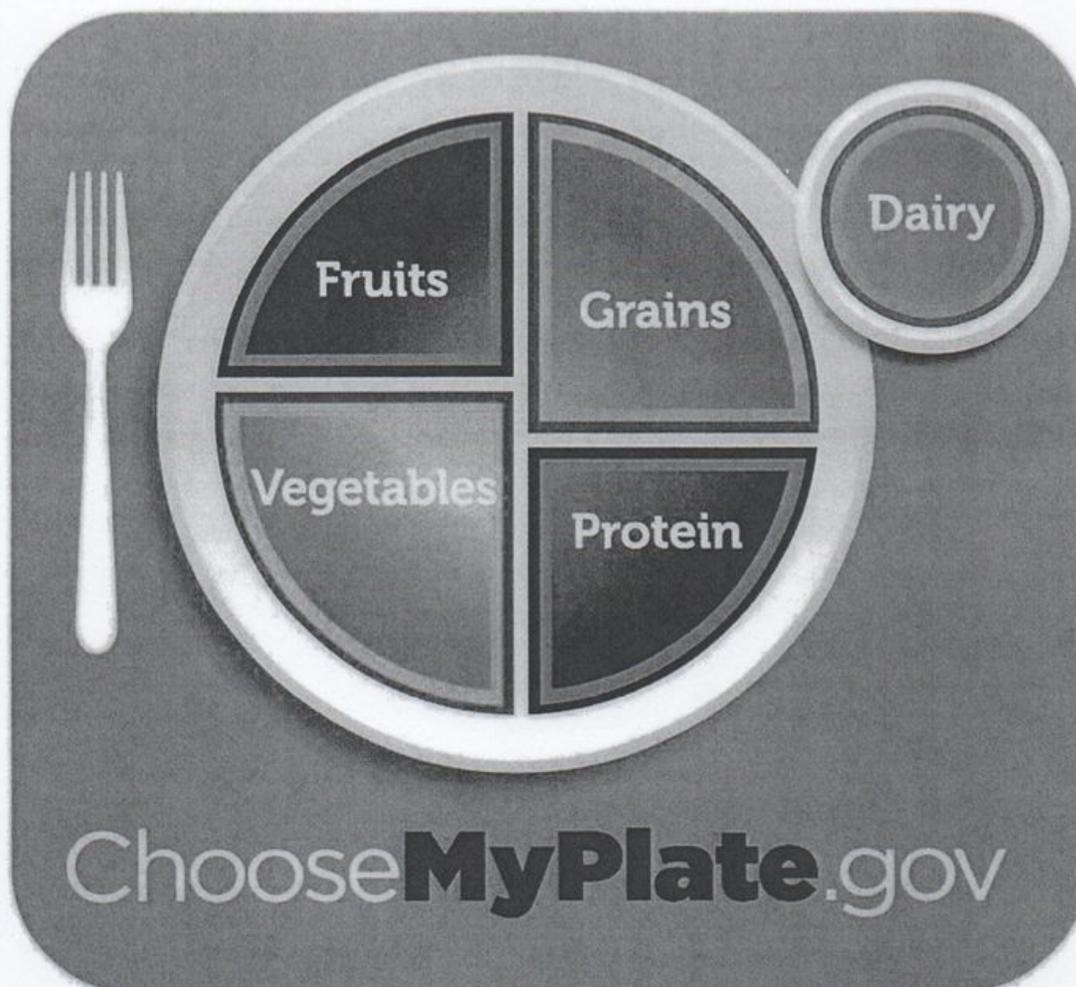
Each day, meals contain:

- An entrée
- An unlimited selection of fresh fruit and vegetables from The Farm Stand
- A hormone-free, low or non-fat milk selection

**The cafeteria also offers snacks that adhere to the District's Wellness Policy, which limits the amount of total fat and saturated fat.**

Parents can further limit their child's choices by restricting prepaid balances to meals only. This ensures your prepaid lunch account is used solely for wholesome meals. To take advantage of this option, email your Food Service Director so your child's account can be updated.

## BUILD YOUR PLATE THE HEALTHY WAY



### What Comes With My Lunch?

To receive the Meal Price, you must select at least 3 of the 5 Food Components listed above.

At least 1 of your selections must be a fruit or a vegetable component in order to receive the meal price. **Take a Trip to the Farm Stand!**

The Farm Stand comes with **each meal** offered and includes vegetables from 5 specific sub groups each week (Dark green, Red/Orange, Beans/Peas, Starchy, Other).

Everyone is encouraged to take all the items that make up a balanced meal. To be considered a meal it must contain a minimum  $\frac{1}{2}$  cup serving of fruit or vegetable.

"This institution is an equal opportunity provider."